

● Youppi! & Cosmo's tips on fun activities to do at home!

Get crafty!

Make your own mini hockey rink & sticks, create some colorful nesting dolls or a daring dragon!

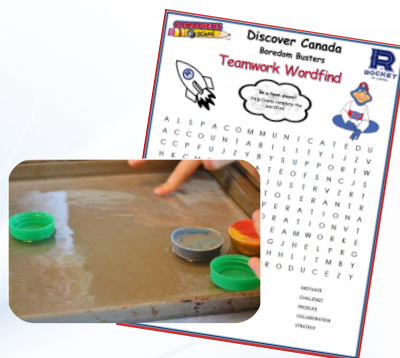


Tasty Treats!

Cook up some fun in the kitchen with these Frozen yogurt pops and fruit tacos.

Fun & Games!

Play a memory game, do a science experiment or solve a Wordfind.



Take a quiz

Learn about the human body with Brendan Gallagher then take a quiz to earn a certificate!

You can find all these activities and much more at www.canadiensatschool.com



Halloween Activity Booklet





Spooky Youppi!

One of Youppi's favorite holidays is Halloween of course! He loves getting dressed up in different costumes. This year, Youppi wants his costume to be scary like Dracula, Frankenstein and witches!



Your task is to create a caricature of Youppi! looking scary. Exaggerate his eyes, mouth and body. You must also create a costume and Halloween decorations surrounding the mascot.

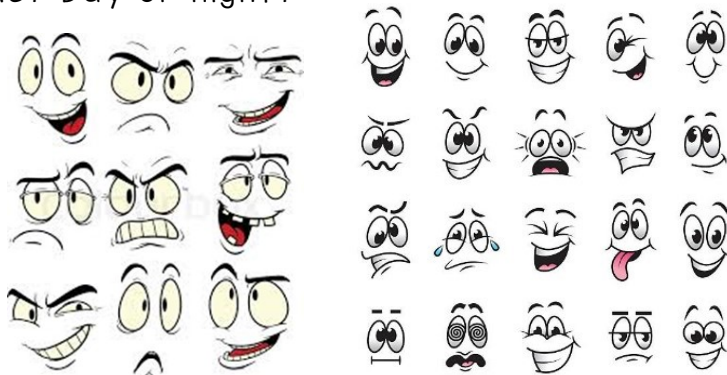
Preparation:

- Look up images of eyes, noses, mouths and eyebrows.
- Find an expression that you would like to give Youppi!
- Practice making different scary expressions on a piece of recycled paper or in a sketch book.

Boo! Eeeek!

Directions:

- Reproduce your scary caricature on Youppi's face in the template. Don't forget to exaggerate his eyes and mouth.
- Next, draw a costume for Youppi! and place him in a scary background. The Halloween setting is up to you. Where could he be? What is he doing? Is he holding anything in his hands? Is he inside or outside? Day or night?





Halloween Monster Mouth

Here's a spooky, silly fruit snack. They're easy to make and will make you smile at that fun creation you made with your two hands!

Ingredients:

- 2 green apples
- 1/2 cup creamy peanut butter*
- 2-3 strawberries, sliced
- 1-2 candy eyes per apple bite **
- sunflower seeds or mini marshmallows (to make teeth)
- Lemon juice to keep apples from browning



Instructions:

- Remove the core and slice the apples into 8 pieces (an apple slicer works well!).
- Dip apples in lemon juice to keep them from turning brown.
- Take two slices and spread peanut butter on one side, using the peanut butter to make them stick together. You can use toothpicks to help if peanut butter won't hold.
- Place 4 sunflower seeds on the top of the "mouth" for the teeth.
- Place one sliced strawberry inside the mouth for the tongue.
- "Glue" each eye above the mouth with a dab of peanut butter to stick.

Store your monster mouths in an air-tight container and they are good to go!

- * For a nut-free version: replace peanut butter with sunflower butter
- ** Use a split fresh blueberry on top of split mini-marshmallows if you don't have candy eyes.



The Ghosts of the Forum

Here's a fun animated film you can watch while you eat your Monster mouth!



There are many Montreal Canadiens myths and legends. One of the most interesting ones is about the fabled ghosts of the old Montréal Forum. The Forum was generally but quietly regarded as having protective ghosts that helped the team win so many Stanley Cups. There's much evidence to show that the phantoms of players past and present have continued to follow and guide hockey's most storied franchise wherever it goes.

To get into the spirit of the season, check out the award-winning short animated film, Alex and the Ghosts. It's a story of childhood magic and wonderment around a legendary hockey team. Experience the magic of the ghosts of the old legends.

<http://www.youtube.com/watch?v=EITr3vThX00>



Halloween Silhouette Painting

Gather your supplies to create your very own Forum Ghost! This Halloween silhouette painting uses a template to create a reverse stencil.

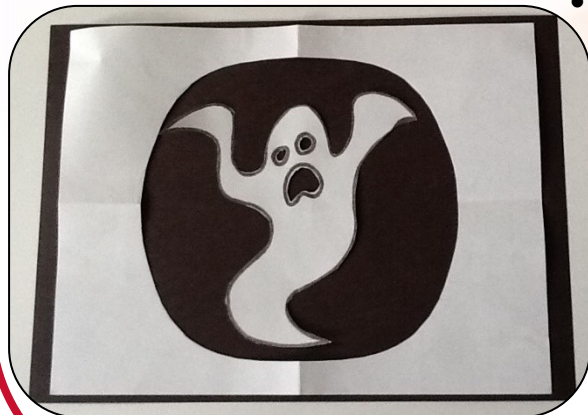
Material:

- Black paper
- White or silver paint
- Ghost templates
- Scrap paper

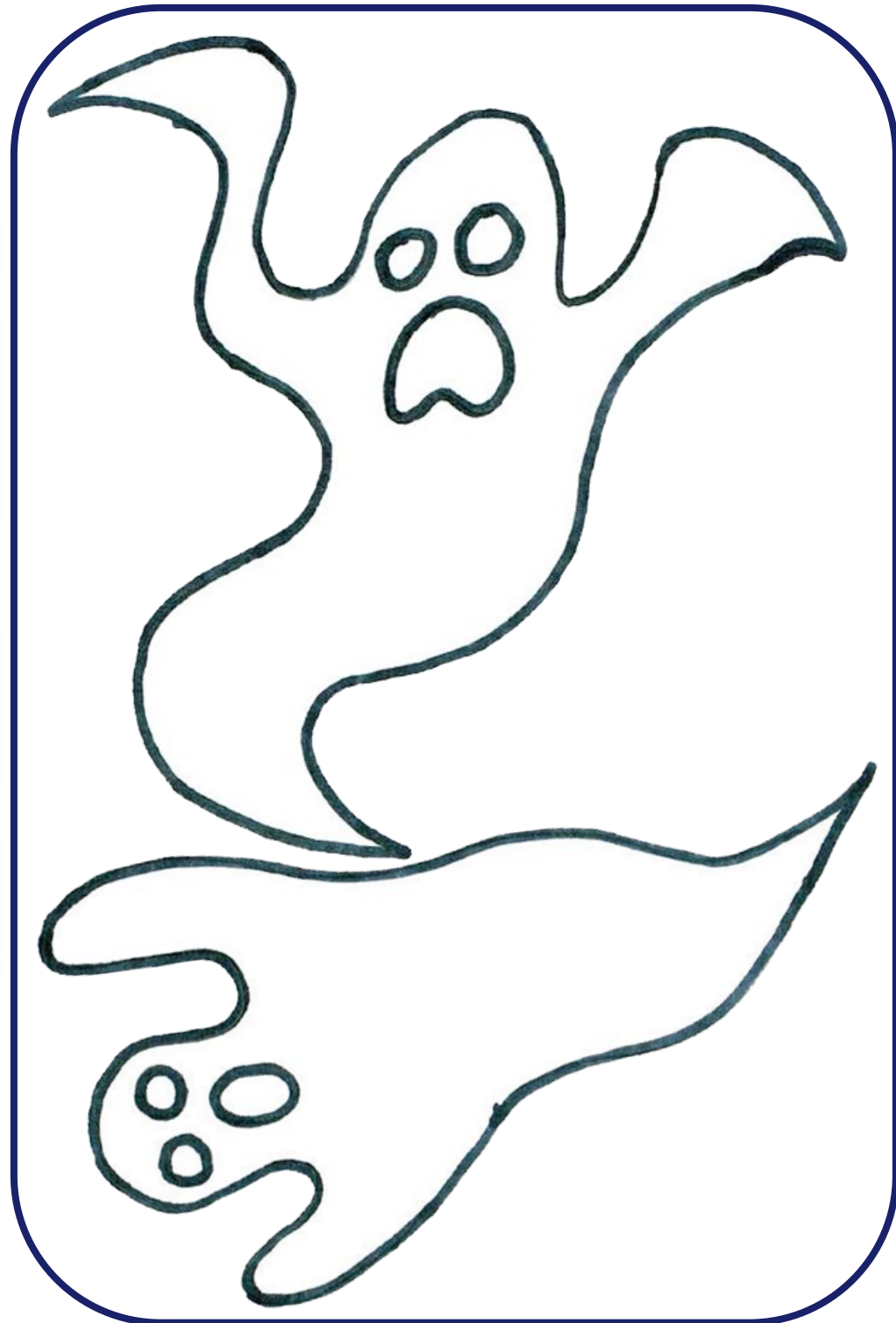


Instructions:

- Fold the scrap paper in half and cut a semi-circle shape from the center.
- Open out the paper so you have a frame with a circle missing. Lay this on top of the black paper.
- Choose one of the Ghost templates and cut it out (don't forget to cut out the eyes and mouth!).
- Lay the template in the middle of the circle on the black paper.



- With a thick paint brush, dab on white or silver paint - being sure to hold the scrap paper and the template still.
- Peel away the scrap paper and template.





Halloween Word Boggle

Use the letters in the boggle puzzle on the next page to solve the riddles below. You can cut out the letters as required. You can only use each letter once in each word. Try to use as many letters as possible for each word.

Find a word for each of the following categories:

1. A piece of clothing : _____
2. Something you eat or drink: _____
3. A color: _____
4. An animal: _____

Fill in the blanks with words from the boggle puzzle:

5. I'm so excited to put on my Halloween

_____! We carved our _____ and
it's so _____. Now it's time to head outside and
collect _____ to eat. Hopefully when we wish
people "Happy Halloween", we will get
a _____ and not a
_____!



Boggle Puzzle Letters

C	O	S	M	E
Y	A	T	U	R
P	D	N	E	C
U	K	I	R	A
M	P	C	T	T

1. cap, coat, pants, tie
2. taco, tea, pie
3. red, pink
4. rat, toad, ant

Halloween Luminaries

Add some spooky spirit to your Halloween decorating with this fun craft. These glass jar luminaries are easy to make and can be completely unique with a little imagination. Get set for a Frightfully Fun Halloween!

Material:

- clean, empty jars
- white acrylic paint
- black acrylic paint
- black Sharpie marker
- tea light candles or other illumination



Instructions:

Step 1: Paint the outside of the jars with white acrylic paint. Let dry completely then add a second coat. Let dry, preferably overnight. For something different, you can also consider painting your jars in Flames colors! Or even painting on a cool Flames logo.

Step 2: Use a black Sharpie marker to draw on eyes and mouths, and then fill in with black acrylic paint. Let dry completely.

Step 3: Add glow lights, tea light candles, votive candles or any other illumination. Then display in a window or make a few and line them up along your sidewalk for a fun and spooky entrance.



Monster Mash Toast

Here's a healthy way to start Halloween day or for an after-school snack!

Makes 2 Avocado Toasts

- 2 avocados
- 1/2 Tablespoon lemon juice
- 1 sheet of seaweed
- radishes
- black olives
- mini dill pickles
- grape tomatoes
- walnuts
- 1/4 red bell pepper
- 2 pieces of toast



Instructions:

- Slice the avocados in half, remove the stone, and scoop out the avocado flesh into a bowl. Add the lemon juice and pinch of salt and pepper, then mash with a fork.
- Prepare the toppings for the facial features of the toast faces. Use scissors to cut out shapes from the seaweed (or use black olives). You'll need circles for eyes, zigzags for hair, and thin strips for smiles, scars, noses, and eyebrows.



- Chop the red bell pepper into small pieces to make lips, fangs, nostrils, and pupils. Slice the radishes for eyeballs. Slice the olives into rings for eyes.
- Spread the mashed avocado onto the toast pieces and decorate. Let your imagination run wild!!

Cosmo's Drawing Challenge

Cosmo has been put in charge of the Halloween decorations this year! He needs to draw the following images. He started the images on the next page but he's running short on time. Can you help him complete the images?



Can you reproduce the images?

