

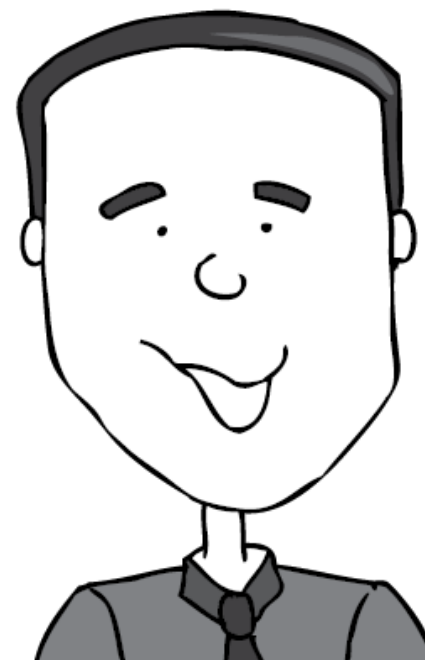
**Mike  
Matheson**



**RESPECT THE RULES  
RESPECT YOURSELF**



It's game day. Before the game, the Montreal Canadiens coach talks to the team in the dressing room. Everyone is quiet so they can hear him.



"Remember, everybody," says the coach, "always obey the rules of the game. Respect yourselves, and respect the players on the other team."



"Now let's go out and win!"  
The players cheer, stand up and rush  
out on to the ice.

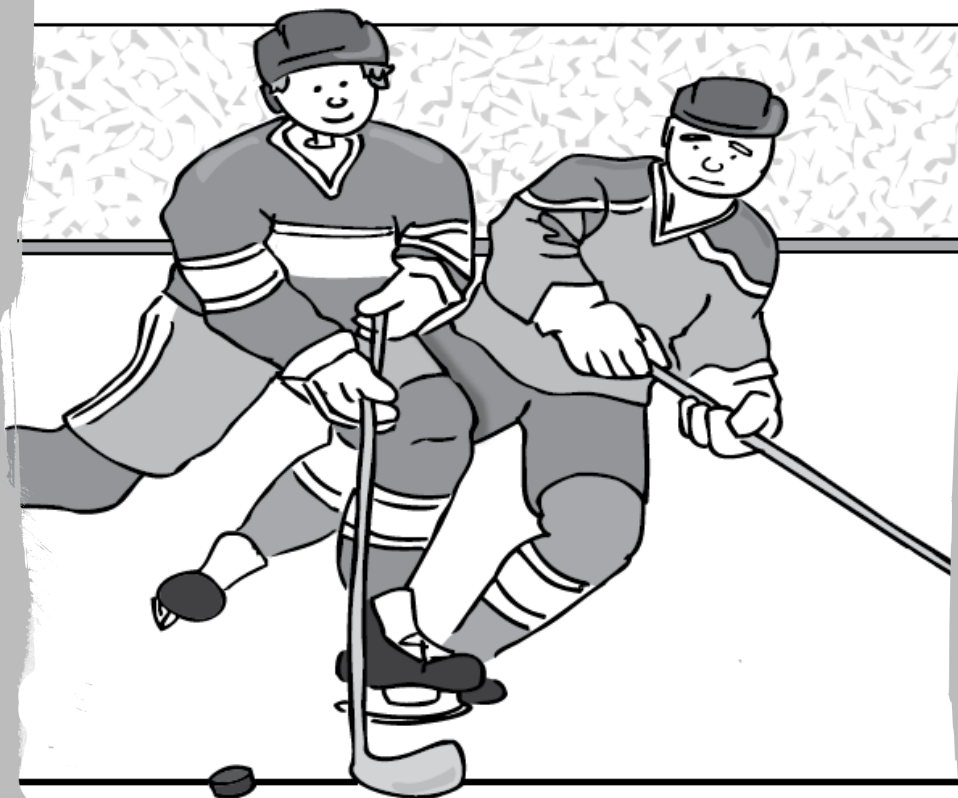


The game starts. Both teams are  
playing hard and the fans are going wild.  
The action goes back and forth.



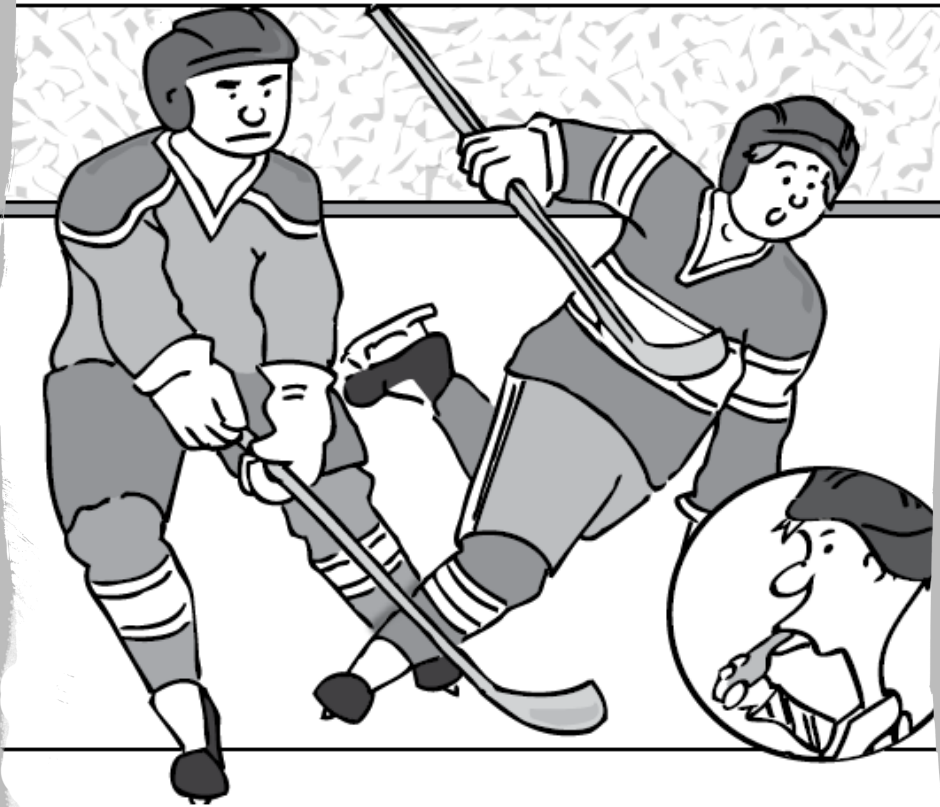
Mike Matheson, a Montreal defenceman, is on the ice.

A player on the other team has the puck. Mike's job is to get the puck back in a fair way. The other player is a little bit ahead of Mike.



Mike skates hard and he catches up to the other player. He takes the puck away and skates off in the other direction.





The other player is mad that Mike took the puck away. He trips Mike. The referee blows his whistle.



The other player gets a penalty for tripping. He has to go off the ice for two minutes.



During the penalty, Mike gets the puck back.

He takes a slapshot.



It's very hard and fast. He scores! Mike and his Canadiens teammates play by the rules. The Canadiens win the game.

The fans cheer so loudly that the building shakes.

They are proud of the team.