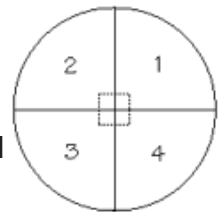


What is Mandala? “Mandala” is the Hindu word for “circle” and a form of art from Buddhist and Hindu traditions. Mandalas are special circles that have unique meanings for each artist. They can use different colors, have different themes, but they all have something in common: radial symmetry. Mandala art begins with a central point and all other lines/colors/symbols radiate out from that central place. Traditionally it is divided into four quadrants.

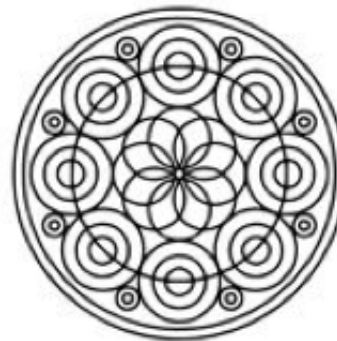


Create your own personal mandala! It can represent your personality, your school or even the Montreal Canadiens. The possibilities are endless.

Step 1: Use the template of the next page and draw symbols that represent your theme in one of the four quadrants of the circle. Remember that every detail in each of the four quadrants must face the center. Remember that mandalas are symmetrical in design!



Step 2: Once you have filled in all four quadrants of the circle, add bright, bold colors to the designs you have drawn! Finally, mount your mandala on a cardboard background to display.

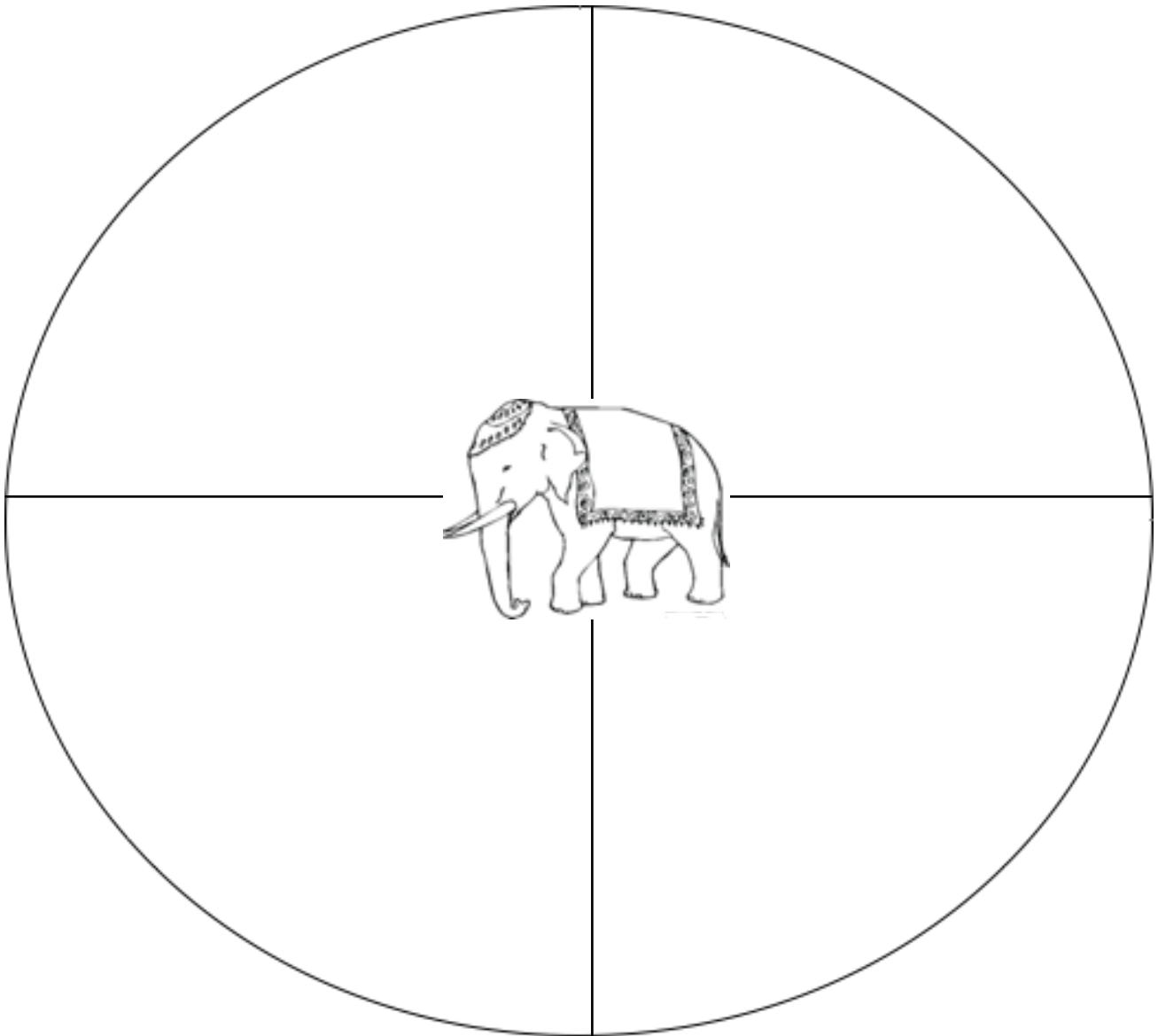


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