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A DAY IN THE LIFE OF A LEADER

BEGINNER VERSION



THIS BOOK BELONGS TO

A large, empty rectangular box with rounded corners, intended for a student to write their name as the owner of the book.



Jeff Petry is a leader on the Montreal Canadiens team. He always tries to be responsible. That means he must make good choices.





In the morning, Jeff wakes up hungry.

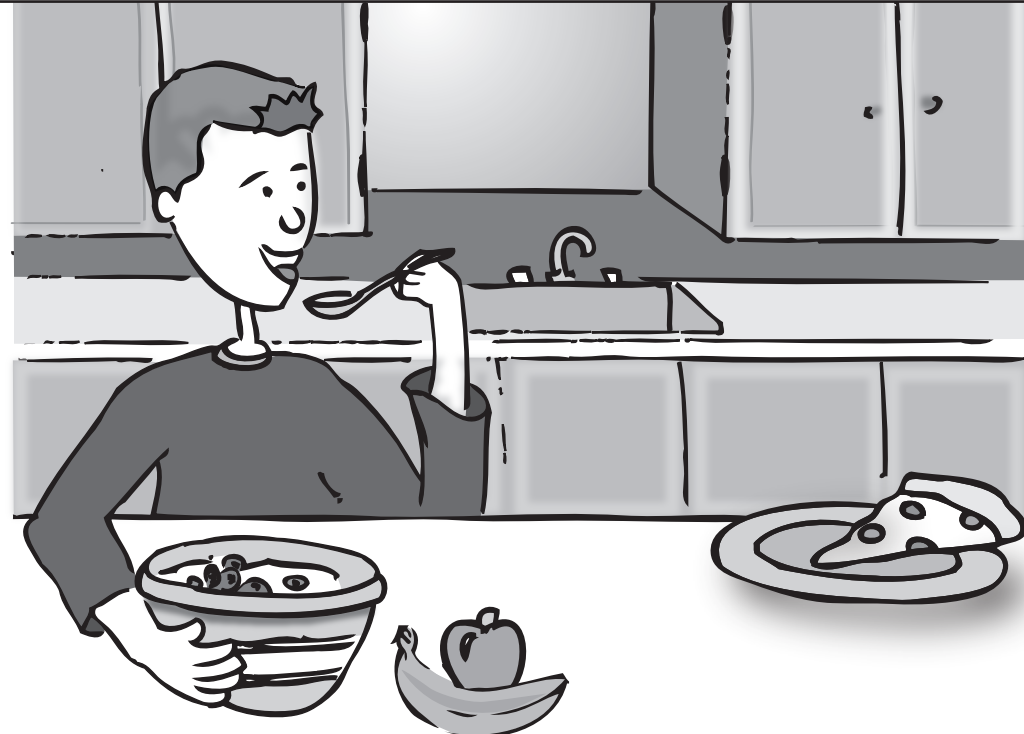


He smiles. It makes him feel good that he has been responsible all day long.

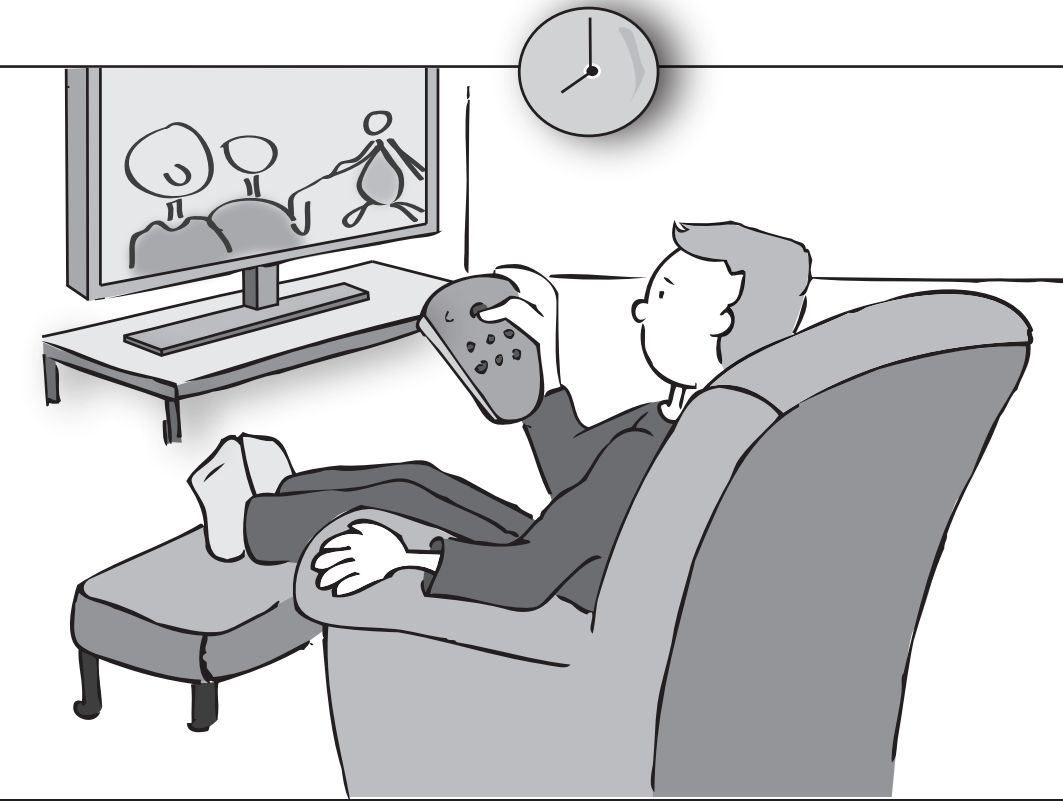




Then, he signs some autographs for the fans.
The fans cheer when they see him.



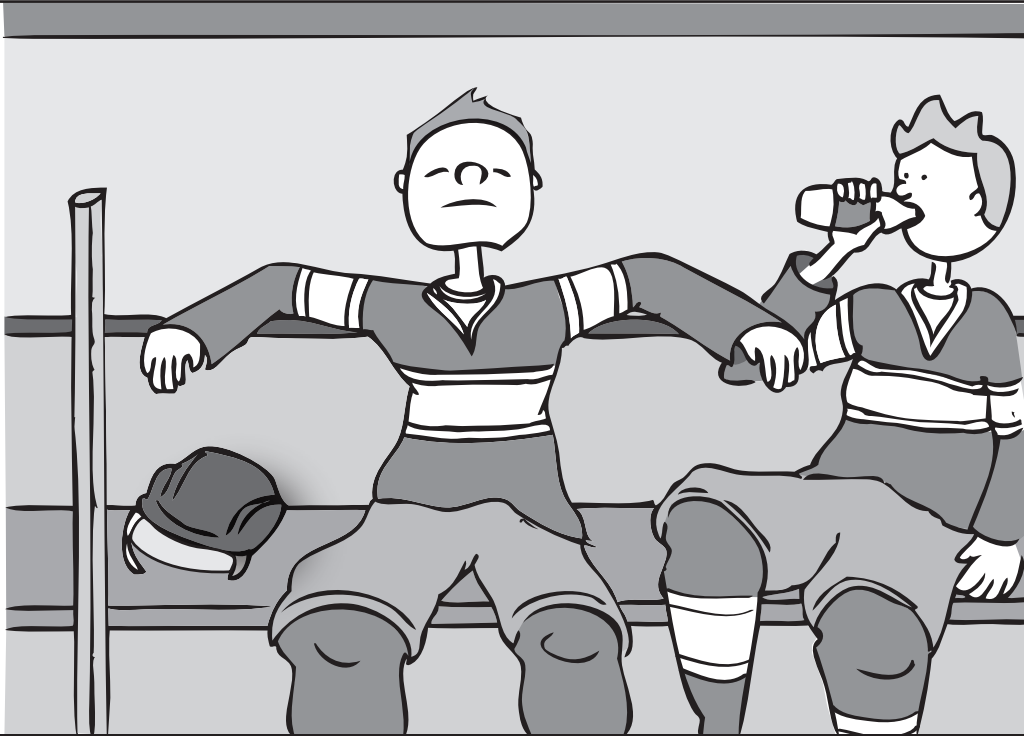
He sees leftover pizza. He chooses cereal and
fruit instead. He knows that eating a healthy
breakfast will help keep his body strong.



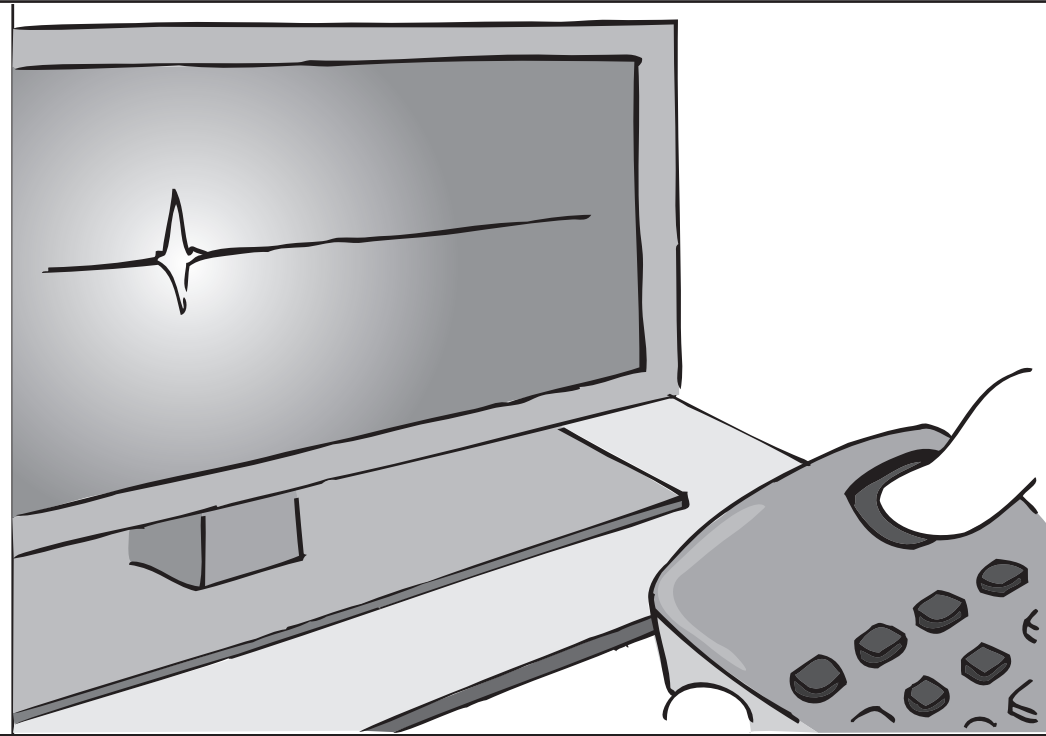
It is eight o'clock. Jeff is watching his favorite morning show. Jeff has to be at the arena before nine.



He gets dressed and heads out to meet with the reporters.



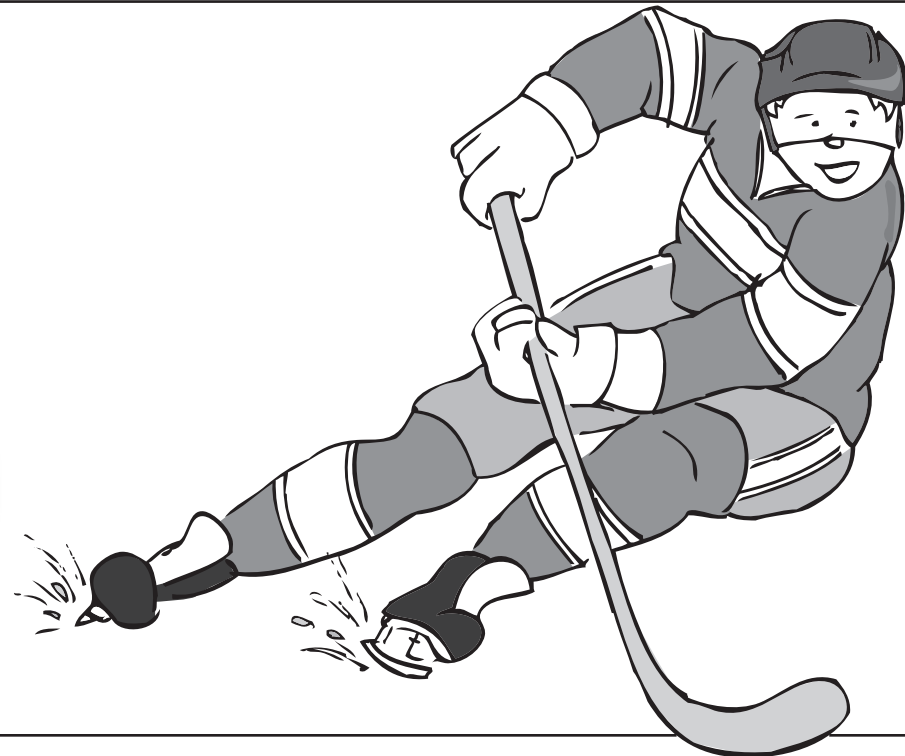
After practice, the players are tired.
Jeff wants to rest, but there's still
more work to do.



He chooses to switch off the tv.
He doesn't want to be late.



Jeff arrives at the arena full of energy and on time. The other Montreal players can always count on him to be on time.



He always skates hard and he always does his best.